

# CURRICULUM VITAE

## Dr Njabou Katte Jean-Claude (MD)

### PERSONAL DETAILS

**Name** NJABOU KATTE Jean-Claude

**Date of Birth** 01<sup>st</sup> November 1986 at FOKOUE (West Region)

**Nationality** Cameroonian

**Work Address** Public Health Biotechnology  
Biotechnology Centre, University of Yaounde 1

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**License** Cameroon Medical Council Number: 6277  
Registration Type: Full Registration with License to Practice

### EDUCATION

Years	Degrees	Discipline	Institution
2014 – 2016	Currently studying for Master of Science	Public Health Biotechnology (PHB)	The Biotechnology Centre (BTC), University of Yaoundé I (UY I), Cameroon.
2012	Inter-University Diploma	HIV/AIDS Care	Faculty of Medicine and Biomedical Sciences (FMBS), UY I, Cameroon.
2004 – 2011	Doctor of Medicine (MD) Degree	Medicine	Faculty of Medicine and Biomedical Sciences (FMBS), UY I, Cameroon.
2002 – 2004	GCE Advanced Level	Sciences	Baptist High School, Great Soppo, Buea, Cameroon.
1998 – 2002	GCE Ordinary Level	Sciences and Arts	Baptist High School, Great Soppo, Buea, Cameroon.
1991 - 1998	First School Leaving Certificate (FSLC)	Primary Education	Government Primary School, Group 2, Muyuka, Cameroon.

#### 2014 – Present: Public Health Biotechnology (Master of Science).

Faculty of Science

Biotechnology Centre, University of Yaoundé I.

2004 – 2011: M.D. (Doctor of Medicine) Degree from the Faculty of Medicine and Biomedical Sciences, University of Yaoundé I. **Graduated with Honours.**

**Thesis research: The effects of one week intensive insulin therapy on insulin sensitivity in type 2 diabetes patients in Yaoundé.**

Fluent in French and English. Scored 7.5/9.0 at the IELTS in June 2014.

## **AWARDS and RECOGNITIONS**

- Minister of Higher Education's prize for the best graduating research student of the 36<sup>th</sup> Batch of the Faculty of Medicine and Biomedical Sciences, August 2011.
- Minister of Higher Education's prize for the 2<sup>nd</sup> best graduating student of the 36<sup>th</sup> Batch of the Faculty of Medicine and Biomedical Sciences, August 2011.
- Governor of the West Region award of the best medical staff of the Bafoussam Regional Hospital for the year 2012.

## **WORK EXPERIENCE**

**December 2011 – January 2015: Emergency Department, Bafoussam Regional Hospital.**

**Job Description: Medical Doctor (Sub-Head of the Emergency Department).**

- Assure daily care of patients with diverse pathologies, most frequent being HIV/AIDS and complications, diabetes and cardiovascular emergencies and trauma cases.
- Present difficult cases during a multidisciplinary staff meeting for discussion and treatment or referral.
- Serve as liaison between the different specialists in the hospital.
- Draw the monthly call roster for the General practitioners at the Emergency Department.
- Organise the daily consultations and rotations amongst the General practitioners in the hospital.
- Participate in the clinical training of medical students present at the Emergency Service and during call rotations.
- Ward skills involve placing of IV catheters, central IV lines, chest drains, castings and splinting with minor surgical procedures.

**December 2011 – Present: Changing Diabetes in Children Clinic, Bafoussam Regional Hospital.**

**Job Description: Focal Point for the West Region.**

- Coordinates the clinical management of children with Type 1 diabetes mellitus in the West Region.
- Assure the regular and trimestrial follow up of all the children.
- Send monthly reports to the head office in Yaoundé, Central Hospital Yaoundé.
- Organise trimestrially education workshops for these children with type 1 diabetes.

**June 2012 – Present: Member of the HIV/AIDS Treatment Centre.**

**Job Description: HAART prescriber of the Regional Approved Treatment Centre.**

- Assure weekly consultations of patients with HIV/AIDS and related complications.
- Assure ward follow up of patients admitted for HIV/AIDS and complications.
- Present out-patient cases seen during the weekly therapeutic committee.
- Participate in the conception of research protocols for the treatment centre.

**March 2013 – Present: Diabetes and Hypertension Treatment Centre, Bafoussam Regional Hospital.**

**Job Description: Head of Centre (Pioneered the creation of this centre at the Regional Hospital).**

- Coordinates the consultation and treatment of patients with diabetes, hypertension and associated complications.

- Assure daily ward rounds in the diabetes unit and specialist referral for dialysis.
- Assure patient education, therapeutic education and counseling.
- Participate in training of para-medical staff in diabetes care.
- Participate in research projects through the centre; Centre is a participation site for the **H3A Diabetes Study**, as part of the total number of cases that will be recruited in Cameroon.

**June 2013 – Present: Buddy Doctor Initiative (BDI) Mentor for the West Region.**

**Job Description: Mentor**

- Serve as a mentor for 22 other General Practitioners in diabetes care.
- Organise training and discussion forums to enrich the mentor-mentee relationship.

**October 2009 – August 2011: National Obesity Centre and Endocrinology and Metabolic Diseases Unit, Yaoundé Central Hospital.**

- Participated in the consultations and follow up of in-patients at the unit.
- Participated in laboratory analysis of biochemical tests principally blood urea nitrogen, serum creatinine, lipid profiles and glycated hemoglobin.
- Participated in ongoing research projects.

**January 2015 – Present: Study Coordinator and Research Assistant for the H3A Diabetes Study.**

- Coordinate the implementation of the H3A Diabetes Study in Cameroon.
- Run the day-to-day operations and recruitment of patients for the study.
- Validate after the completion of each electronic questionnaire for the study.
- Assure quality control, good clinical practice and medical attention for all the patients and survey participants during the study period.

**March 2016 – Present: Clinical Editor for Pan-African Medical Journal**

- Manages the clinical case report/series and clinical image section of the online journal.
- Manages the clinical quiz section of the online journal.

**PUBLICATIONS**

- Jean-Claude Katte. Childhood Diabetes. African Diabetes Congress 2012 Booklet.
- Jean-Claude Katte, Anastase Dzudie, Eugene Sobngwi, Eta N Mbong, Gerard Tama Fetse, Charles Kouam Kouam, Andre-Pascal Kengne. Coincidence of diabetes mellitus and hypertension in a semi-urban Cameroonian population: a cross-sectional study. BMC Public Health. 2014; 14:696.
- Jobert Richie N. Nansseu, Emmanuel Choffor Nchinda, Jean-Claude Katte, Fatima M. Nchagnouot, Guylaine D. Nguetsa. Assessing the knowledge, attitude and practice of family planning among women living in the Mbouda health district, Cameroon. BMC Reproductive Health. 2015; 12:92.

- Jean-Claude Katte, Romance Djoumessi, Gisele Njindam, Gerard Tama Fetse, Mesmin Dehayem, Andre-Pascal Kengne. New-onset diabetic ketoacidosis in a 13-months old African toddler: a case report. *The Pan African Medical Journal*. 2015; 22:293.
- Mesmin Y. Dehayem, Remy Takogue, Siméon-Pierre Choukem, Olivier T.S. Donfack, Jean-Claude Katte, Suzanne Sap, Eugene Sobngwi, Jean Claude Mbanya. Impact of a pioneer diabetes camp experience on glycemic control among children and adolescents living with type 1 diabetes in sub-Saharan Africa. *BMC Endocrine Disorders*. 2016; 16:5.
- Jean-Claude Katte, Sobngwi E, Kamwa V, Dehayem MY, Jean-Louis N, Andre-Pascal Kengne, Jean Claude Mbanya. The effects of a one-week short intensive insulin intervention on insulin sensitivity in patients with poorly controlled type 2 diabetes. *Int J Diabetes Clin Res*. 2016; 3:056.

## **ABSTRACTS AND PRESENTATIONS**

- Effects of one week intensive insulin intervention on insulin sensitivity in poorly controlled type 2 diabetic patients. JC Katte, E Djahmeni, C Arrey, B Orr-Walker, YM Dehayem, E Sobngwi, JC Mbanya.  
Abstract presented at the 2011 World Diabetes Congress; Dubai, UAE.
- Resistant hypertension among a group of type 2 diabetic patients: The effect of spironolactone. R Djoumessi, JC Katte, FF Kaze, AP Menanga, E Sobngwi, JC Mbanya. Abstract presented at the 2014 African Diabetes Congress, Yaoundé, Cameroon.
- Starting a hospital-based diabetes management program in a semi-urban setting: from community action to implementation. JC Katte, G Fetse, C Kouam Kouam, M Dehayem, E Sobngwi.  
Abstract presented at the 2014 African Diabetes Congress, Yaoundé, Cameroon.
- Social media and diabetes care in Africa: the case of Cameroon. F Tamghe, JC Katte, A Okoundoua, P Fokapu, B Youmbi, C Kouam Kouam, G Fetse, M Dehayem, E Sobngwi.  
Abstract presented at the 2014 African Diabetes Congress, Yaoundé, Cameroon.
- Diabetic foot complication: experience from a newly-created foot clinic.  
A Okoundoua, JC Katte, G Fetse, M Dehayem.  
Abstract presented at the 2014 African Diabetes Congress, Yaoundé, Cameroon.

## **ADDITIONAL INFORMATION**

- Computer applications: MS Office-Excel, PowerPoint, Word, SPSS, EpiInfo, Genebanks.
- Voluntary translator and interpreter of medical articles and conferences from French to English and English to French.
- Hobbies: photography, piano, football, table tennis, literature and teaching.