# **CURRICULUM VITAE**

## **DR. PROMISE EMMANUEL SEFOGAH**

#### **Personal Data**

Date of Birth:20th December, 1976Marital Status:MarriedNationality:Ghanaian

Contact

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#### PERSONAL STATEMENT

I am a very professional and dynamic Specialist Obstetrician Gynaecologist with considerable training and clinical experience in neonatology, neonatal resuscitation, and childhealth. My Public Health expertise has afforded me extensive multidisciplinary perspective in clinical practice, Health Services Management and Policy with a special interest in initiatives and strategies that focus on the improvement of maternal, neonatal and childhealth especially in deprived communities. I have a drive for ensuring excellence in the implementation of health and social interventions for their desired impact in Ghana. I have great initiative and remarkable leadership and organizational skills that have yielded admirable outputs.

### EDUCATION AND QUALIFICATIONS

- MSc Public Health Health Services Management and Policy: London School of Hygiene & Tropical Medicine, London (Sept.2012)
- **Diploma**, London School of Hygiene & Tropical Medicine (Sept. 2012)
- Certificate, Obstetrics and Gynaecology, Harvard Medical School, Boston, MA, USA (April 2011)
- Membership (Specialist), Obstetrics and Gynaecology, Ghana College of Physicians and Surgeons, (Sept. 2010)
- Part One Fellowship, West African College of Surgeons, Obstetrics and Gynaecology (Oct. 2010)
- **Residency Training in Obstetrics and Gynaecology**, GCPS, West African College of Surgeons, Korle Bu Teaching Hospital (Sept. 2007 Oct. 2010)
- MB ChB, University of Ghana Medical School (Feb. 2005)
- BSc Medical Science, University of Ghana, Legon (Oct. 2001)
- Senior Secondary School Certificate Examination, SSCE, Mawuli School, Ho (1995)

### OTHER RELEVANT TRAINING RECEIVED

- Certificate in Operative Vaginal Deliveries, Clinical Innovations, Vancouver, Canada (October 2015)
- Certificate in Emergency Medical Service Training, Sanford Health/National Guard, North Dakota, Bismarck ND, USA (July 2013)
- Certificate in Neonatal Resuscitation, Ghana Health Service, April 2013
- Certificate in Cardio-Pulmonary Resuscitation (CPR), AGE/Royal Life Saving Society, UK London (Dec. 2011)
- Certificate in Manual Patient Handling, AGE/Royal Life Saving Society, UK London (Dec 2011)
- Certificate, Postgraduate Course in Management of Diabetes, IDF/EASD/ADA, Addis Ababa (Nov. 2011)
- Certificate, International Medical Update Conference, GCPS, Accra (Aug. 2011)
- Certificate, TASO Experiential Attachment Course to Combat HIV/AIDS, Uganda (July 2011)
- Certified Participant, International Chemotherapy Course, Mt Sinai School of Medicine, New York (Nov. 2010)
- Certified Participant, Trauma / Emergency Training Workshop for Ghana CAN 2008 (Dec. 2007)
- Certified Participant, Training on Prevention of Mother To Child Transmission of HIV (Nov. 2007)
- Certified Participant, Update course on Tuberculosis/HIV Co-infection; Management and Diagnostics (Sept. 2007)
- Certified Participant, National Scientific Conference on HIV /AIDS in Ghana (Sept. 2007)
- Certified Participant, Cardiovascular Disease Conference (August 2007)

### PROFESSIONAL WORK EXPERIENCE

- 1. Emergency Medical Service Instructor in Paediatric, Obstetric and Gynaecological Emergencies, National Ambulance Service (Sept 2010 to Date):
  - Teaching Emergency Medical Technicians (EMTs) on the pre-hospital management of neonatal, infant and children's emergencies
  - Teaching EMTs on emergency pre-hospital management of obstetric and gynaecological emergencies
  - Organising practical demonstrations on paediatric resuscitation for EMTs
  - Organising and coordinating simulation exercises on paediatric emergencies and assessing trainees performances
  - Advising the National Ambulance Service on maternal, neonatal and childhealth issues
- 2. Parenting and Family Assessment Officer, Thackeray, Redbridge Borough, London, (Dec 2011-Nov 2012)
  - Conducting a professional assessment of parenting skills of couples of children in foster care for their possible re-integration
  - Advising the Borough's Children's Services Department on the safe parenting capabilities of these adults
- 3. Head of Clinical Services, LEKMA Hospital (Nov 2010 to Sept 2011, Nov 2012 to Dec 2014)
  - Ensure provision of clinical care to all clients
  - Supervise all Specialists, Doctors, Medial Assistants, Laboratory Head, and Coordinate Medical Electives and internships
  - In charge of organizing and coordinating continuous medical education for all prescribers and clinical staff
  - Responsible for the medical staff Human Resource Management
  - Part of the Hospital Management Board, and Deputizing for Medical Director when need arises
- 4. **Specialist** Obstetrician / Gynaecologist, LEKMA Hospital, GHS, Teshie Accra(Sept. 2010 to Dec 2014)
  - Perform elective and emergency obstetric and gynaecological surgeries
  - Supervise complicated deliveries
  - Provide general gynaecological outpatient and in-patient care
  - Teach Medical Officers, Housemen and Medical Students
  - Develop management protocols for managing obstetric and gynaecological problems
  - Perform obstetric and gynaecological diagnostics including ultrasound scans
- 5. **Resident,** Obstetrics and Gynaecology, Regional Hospital, Koforidua (Jan. June 2010)
  - Providing outpatient and in-patient obstetric and gynaecological care under my consultant
  - Performing minor and major surgeries with assistance
  - Assisting in obstetrics and gynaecology research
- 6. Part Time Resident Medical Officer, Lister Hospital & Fertility Centre, Accra (June 2007 Sept 2011)
  - Provide general medical, surgical, paediatric, obstetric and gynaecological care including surgeries
  - General in-patient care for all patients on admission
  - Provide emergency general clinical care to all categories of patients

### 7. Medical Officer:

Department of Chest Diseases, Korle Bu Teaching Hospital (KBTH), June - October 2007

- Providing out and in-patient care for patients with Tuberculosis, HIV/AIDS
- Coordinating preventive health activities in HIV/AIDS, and Tuberculosis
- Assisting in Research

#### 5. House Officer, Senior House Officer:

- 1. Department of child health, (KBTH):
- 2. Department of surgery, (KBTH):
- 3. Department of Internal Medicine and Therapeutics (KBTH):
- 4. Department of Obstetrics and Gynecology (KBTH):

### POSITIONS HELD AND ACHIEVEMENTS

**Chairperson,** Society for Gynaecologist and Obstetricians of Ghana (SOGOG) National Organising Committee (2013 – 2015)

**Member,** Society for Gynaecologist and Obstetricians of Ghana (SOGOG) National Organising Committee (Dec 2012 – Date)

**Vice Chair**, Students' Representative Council (SRC), London School of Hygiene & Tropical Medicine, UK (2011 - 2012):

- Postgraduate student leader in charge of welfare, sports and socio-cultural integration of a global student body
- Working for students interest at the School's Management level
- Chairing the welfare, sports, charity and entertainment committees
- Attend and participate in University Council meetings
- Innovated the now Annual SRC Best Student Award for the student who contributes the most beyond academic to enhance student life
- Assisted in the review of the school's Student Charter and the SRC Constitution
- Represented the school's Academic Affairs unit at the UK's Quality Assurance Agency
- Assisted the school in making presentations to new students during the international students orientation 2012

Board Member, Academy of Breastfeeding Medicine (ABM), USA (Sept. 2011 to April 2013):

- Attending Board meetings
- Contributing to international Breastfeeding policies and protocols for effective breastfeeding globally
- Contributing to International Breastfeeding initiatives
- Representing the ABM Board at World Alliance for Breastfeeding Action (WABA) meetings
- Advocating for teaching, learning and research into benefits of effective breastfeeding
- Representing Africa at the ABM

**Member**, Management Committee, LEKMA Hospital (Dec. 2010 to Sept 2011, Nov. 2012 to Dec 2014) **Member**, Continuous Professional Development (CPD) Committee, Medical and Dental Council, Ghana (Nov. 2007 to Sept 2011)

**Member**, Housemanship Training Review Committee in Ghana, Medical and Dental Council (May 2007) **Executive Member**, Ghana Medical Association (GMA), Greater Accra Division (May 2010 – May 2012, and 2014 - 2016)

Medical Consultant, Health for Africa Foundation, a health promoting NGO, Ghana (May 2009- Date)

**Coordinator,** Public Health and Advocacy Unit, Ghana Medical Association (2007- Sept 2011)

**Coordinator and Training** Instructor for Emergency Medical Technicians, National Ambulance Service, Ministry of Health (Jan. 2008 – Sept 2011)

**Programmes Director**, Doctors for Right to Health (DRH), Ghana ; a Health and Human Rights Promoting NGO in Ghana (2006 – 2011)

**Volunteer Medical Advisor**, Children's Medical Mission Ghana (Cmm-Ghana (2006 – 2010)

Volunteer Medical Advisor, Kids Around the World, Ghana (a Child Development NGO), 2006 - 2010

**Organizing Secretary**, Junior Doctors' Association, (Ghana Medical Association,) Korle Bu Teaching Hospital (2005 – 2006)

**Member**, National Organising Committee for Annual World Heart Day activities in Ghana (Under the Auspices of Ghana Heart Foundation / World Heart Federation) 2003 – 2010

November 2006 – May 2007 May – November 2006 October 2005 – April 2006 April 2005 – October 2005 **Resource Person** for Health Promotion Unit of Ghana Health Service, Television and Radio health education programmes (2003 - 2005)

Assistant Treasurer, Medics Investment Club (MIC) (2002-2003)

**Director**, Medical Rescue Team, Christian Medical Fellowship, University of Ghana Medical School (2001-2002) **Country Director**, Standing Committee on Public Health (SCOPH) Ghana, International Federation of Medical Students' Associations (IFMSA) (2001 – 2002)

**National Health Officer**, Federation of Ghana Medical Students' Associations FGMSA (2001 – 2002) **Health Officer**, University of Ghana Medical Students' Association (UGMSA) (2001 – 2002)

**National Coordinator**, IMCC Project; Rural health promotion collaboration between FGMSA and IFMSA – Denmark. (2001 – 2002)

Mathematics and General Science Teacher, Best Teacher Award, Dora Memorial School J.S.S, Ho (1996-1997)

### **COMMUNITY SERVICE**

**Coordinator, Emergency Medical Services** for Ghana CAN 2008 African Cup of Nations Football Tournament (Jan/Feb. 2008)

**Facilitator and Resource Person**, Christ to the Rural World Medical Outreach Crusade in Northern Ghana, Charismatic Evangelistic Ministries, CEM (Nov. 2008 – Date)

**Resource Person**, Television and Radio Health Education, Health Communication Unit, Ghana Health Service Headquarters ((2001 -07)

**Facilitator**, for over 15 medical outreach and Screening programmes for deprived communities and organized groups in various parts of Ghana (2007)

**Facilitator/Volunteer**, student-led free medical outreach in Asamankese District, by PENSA Korle Bu (2005/06) **Facilitator**, Medical outreach/screening programme, Ashaiman (2005 – 2006)

**Resource Person**, Breast Cancer awareness creation and screening Campaign, Accra (2005 – 2006)

Facilitator, National Health week activities on Malaria Prevention in Jasikan District (2001)

Organiser and Co-ordinator of nationwide health education activities on Maternal and Child Mortality (2002/03)

Facilitator, National Health Week activities/health education campaign on Tuberculosis, Bibiani, Ghana (2003)

**Organiser**, Annual Church Health Education and screening exercise, A.M.E. Zion Church Mamprobi (2000–2011)

**Facilitator**, Health Education and medical outreach/screening, Kaneshie and Odorkor communities (2000 – 2004) **Team Leader** for Industrial Health Education / Screening Programme (2000 – 2004):

- Management and staff of PSC Tema Shipyard
- Management and staff of Plant Pool Ghana, Accra
- o Staff of Plant Pool at Aboadze Thermal Plant, Takoradi

### ADDITIONAL SPECIAL SKILLS

- Computer Skills Microsoft word, Excel, Spreadsheet, Power point, Data Processing, Stata, BNA Toolkit.
- Excellent written and spoken English language
- Remarkable Communication skills including public speaking and mass media communication
- Sound Organisational skills
- An excellent team player and leader

### REFEREES

Prof E. Y. Kwawukume

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